



PRESENTATIONS, WORKSHOPS & CONSULTATIONS

There is no charge for topics 1 through 8 when they are provided in the province of B.C.
 Our funders and fundraising efforts cover the costs.
 National and international rates are negotiated at time of contract.

	TITLE	DESCRIPTION: WORKSHOPS & PRESENTATIONS	LENGTH	FORMAT
1	What is a Vela Microboard?: A Basic Introduction	Overview of what a Vela Microboard is and how it can be a powerful support and service network for individuals with challenges.	30-45 minutes	Presentation
2	What is a Vela Microboard and What Makes them Unique?	Overview, with a short history; brief summary of process; a couple of real life examples; and a short question period.	2-3 hrs	Presentation & Discussion
3	What is a Vela Microboard? How are they set up and how do they operate?	Detailed information from presentations 1 and 2, but with much more specific information and discussion on the process and more active involvement of the participants.	5 hrs	Workshop
4	What is Individualized Funding?	Overview of Individualized Funding options.	2 hrs	Presentation & Discussion
5	Introduction to Vela Microboards and Individualized Funding	Overview of the models of support available through CLBC for people with Developmental Disabilities.	2-3 hrs	Presentation
6	Becoming the Employer of Record in B.C.	Overview of the roles and responsibilities involved in becoming the employer of record in B.C. This includes information on Employment Standards, WorkSafeBC, and the Canada Revenue Agency. This is relevant to anyone who manages funding.	2 hrs	Presentation
7	What you Need to Know to Manage Supports and Services	Detailed information on job descriptions, employment agreements and scheduling employees. Discussion includes balancing home and employer responsibilities and relationships with workers. This is relevant to anyone who manages funding.	4-6 hrs	Workshop
8	A Day for Information Sharing			



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Topics 9 through 16 are negotiated at time of contract

DESCRIPTION: WORKSHOPS & PRESENTATIONS: ON A COST RECOVERY BASIS				
9	Speaking Up For Yourself	How to say what you need to say, clearly, without fear or anger. For self-advocates or families.	1.5-2 hrs	Discussion
10	Rights and Responsibilities	We all have rights and responsibilities. This is a discussion of what those are, and how to make sure they are respected.	1.5-2 hrs	Workshop
11	Person-Centred Planning	Description of the key elements of Person-Centred Planning and a sampling of a variety of planning tools that can be used, including Multi Action Planning Systems (MAPS) and Planning Alternative Tomorrows with Hope (PATH).	4 hrs	Workshop
12	Community Integration, What Does it Mean?	Overview of what it means to be integrated into community; what is meaningful citizenship; and how we assist others to become valued members of the community.	2.5-3 hrs	Workshop
13	Team Building	Learn how you can strengthen your supports and/or workplace team.	3-4 hrs	Workshop
14	Developing a Vision	How do you as a group, team or movement, develop a vision for your work? What do you stand for; what do you want to accomplish? Practical tools to help you clearly identify your purposes and goals.	3-4 hrs	Workshop
15	Friendship Building	Ideas on how we can assist people that experience isolation to create meaningful friendships and networks.	2.5-3 hrs	Lecture
16	Everyone can Win	Looks at ways to successfully negotiate around difficult issues. We don't always have to agree, but if we can understand each other we are much closer to a solution that everyone can live with.	2.5 hrs	Discussion



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All national and international consultations are negotiated at time of contract.

	TITLE	DESCRIPTION: CONSULTATIONS – NATIONAL & INTERNATIONAL	LENGTH
A	1/2 Day Session	2.5 hrs: Basic introduction to the fundamental principles, functions, philosophy and intent of Vela Microboards. 1 hr: Specific discussion related to local issues, ideas and perceptions.	3.5 hrs
B	1 Day Session	2.5 hrs: Basic introduction to the fundamental principles, functions, philosophy and intent of Vela Microboards. 2.5 hrs: Discussion on how to take these ideas and incorporate them into your local system so they work for you. 2 hrs: Discussion related to very specific questions and circumstances in your local area.	7 hrs
C	3 Day Session	7 hrs: This includes the one-day session outlined above. 7 hrs: A meeting for families followed by meetings with individual families. 7 hrs: Very detailed information and discussions related to the establishment of Microboards, set up process, advice on proposals, and other requested information.	21 hrs
D	Customized Sessions	These can be designed to meet your specific needs.	